

Assessing Sexuality Education Knowledge and Attitudes Among Youth: A Case Study at Chin National University

Zing

Abstract

This research examines knowledge and attitudes toward sexuality education among students at Chin National University. In Chin State, sexuality and reproductive health remain sensitive topics shaped by cultural traditions, religious beliefs, and gender norms that often discourage open discussion. Using a mixed-methods approach combining surveys, interviews, and group discussions, the study explores students' existing knowledge, sources of information, and comfort levels regarding comprehensive sexuality education. It analyses how family expectations, cultural barriers, and fear of social judgment influence young people's access to accurate information. The research identifies gaps in knowledge and structural barriers to open dialogue, offering evidence to inform culturally grounded, youth-responsive sexuality education initiatives in Chin State.